

Winter Running Club

Dear TMS & WBO Students,

We would like to invite you to join Winter Running Club, a group that provides all runners the opportunity to continue to stay in shape with friends throughout the winter months. We will be meeting on Tuesdays to condition for up and coming



spring sports and to better ourselves as runners. Space is limited to the first 50 applicants. If interested, please turn in your permission form and sign up online at 8to18 ASAP!

Meeting Dates:

- November 12
- November 19
- December 3
- December 10
- December 17
- January 7
- January 14
- January 21
- January 28
- February 4

If you are interested in being part of this club, please complete the attached sheet and return it to Ms. Lewis in room 150 by Monday, November 11th. We will be having our first meeting after school on Tuesday, November 12th. Please change in the locker room (be sure to dress accordingly as we will be going outside) and wait in the foyer. We hope you will join us!

Sincerely,

Ms. Oswald: (815) 230-9920 ext. 4213/ soswald@troy30c.org

Ms. Lewis: (815) 577-6759 ext. 7150/clewis@troy30c.org

Mrs. Unruh: (815) 230-9920 ext. 4213/ Lunruh@troy30c.org

Winter Running Club Sponsors

****Please keep this page for your reference****

TMS & WBO Winter Running Club Permission Slip 2019-2020

DUE BY: MONDAY, NOVEMBER 11th

Student Name: _____ Grade: _____ Team: _____

Parent/Guardian Name(s): _____

****Student Address:** _____

****Subdivision:** _____

Parent/Guardian phone Number: _____

Alternate Phone (in case of emergency): _____

Parent/Guardian email: _____

Allergies/Medical Conditions: _____

Dietary Restrictions: _____

I give Winter Running Club permission to photograph my child for the yearbook, Troy website, and newspaper:

Yes

No

Please circle one:

****Bus Rider** (Bus route # _____, stop # _____)

Car Rider (Pick up at TMS door 6 at 4:00pm)

Walker (Will be released from TMS door 6 at 4:00pm)

Please check to below to confirm:

My child has been signed up online at 8to18 for Winter Running Club

Parent/Guardian Signature: _____

**** These areas are required for transportation purposes. You MUST include Activity bus route # and Stop #. For activity bus route information, please visit the Troy transportation website.**

<https://www.troy30c.org/transportation-f237b252>