Updated: 7/21/23



## TROY CROSS-COUNTRY

August 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
	<b>31</b> Tryouts from 5:30-6:45 pm; Parent informational meeting from 5:35-5:45 pm	<b>1</b> Tryouts from 5:30-6:45 ρm @ Cronin	<b>2</b> Tryouts from 5:30-6:45 ρm @ Cronin	<b>3</b> Tryouts from 5:30-6:45 ρm @ Cronin	<b>4</b> Tryouts from 5:30-6:45 ρm @ Cronin	5
6	<b>7</b> Practice from 5:30-6:45 ρm @ Cronin	<b>8</b> Tentative: Time Trials from 5:30-6:45 ρm @ Cronin	<b>9</b> Practice from 5:30-6:45 pm <b>@ TMS</b> /Family Picnic from 6:45 - 7:30 pm <b>@</b> TMS	<b>10</b> Practice from 5:30-6:45 рт @ Cronin	11 Practice from 5:30-6:45 рт @ Cronin	12
13	1 <b>4</b> No Practice: Run on ow <b>n</b>	<b>15</b> Practice from 5:30-6:45 ρm @ Cronin	<b>16</b> Practice from 5:30-6:45 ρm @ Cronin	<b>17</b> Tentative: Time Trials from 5:30-6:45 ρm @ Cronin	<b>18</b> Practice from 2:30-4:00 ρm <b>@ TMS</b> - Uniform Distribution *Activity Buses Available*	19
20	<b>21</b> Practice from 2:30-4:00 pm @ TMS *Activity buses begin*	<b>22</b> Troy Relay @ 4:00 ρm @ Cronin	<b>23</b> Practice from 2:30-4:00 pm @ TMS	<b>24</b> Meet @ Summit Hill @ 4:30 pm	<b>25</b> Practice from 2:30-4:00 pm @ TMS	26
27	<b>28</b> Meet @ Joliet West @ 4:30 ρm	<b>29</b> Practice from 2:30-4:00 pm @ TMS	<b>30</b> Pre-Conference Meet @ Round Barn @ 4:30 pm/Practice from 2:30-4:00 pm @ TMS	<b>31</b> Practice from 2:30-4:00 pm @ TMS		

NOTES:

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All home meets are held behind Troy Cronin Elementary School; Home meets - everyone will run; Away meets will be by invite only; *Schedule is subject to change* 

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## **TROY CROSS-COUNTRY** September 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
					<b>No Practice:</b> SIP Day	
3	4	5	6	7	8	9
	Labor Day: Optional Practice TBD	Meet @ Troy @ 4:00 pm	<b>No Practice:</b> Teacher Meetings	Meet @ Troy @ 4:00 pm	Practice from 2:30-4:00 pm @ TMS	
10	11	12	13	14	15	16
	Practice from 2:30-4:00 pm @ TMS	Meet @ Troy @ 4:00 pm	<b>No Practice:</b> Teacher Meetings	Meet @ Troy @ 4:00 pm	<b>No Practice:</b> Set up for Troy Invite from 3:00-4:30 pm	Troy Invite @ 9:00 am
17	18	19	20	21	22	23
	Practice from 2:30-4:00 pm @ TMS	Meet @ Martino @ 4:00 pm	Practice from 2:30-4:00 pm @ TMS	Practice from 2:30-4:00 pm @ TMS	<b>No Practice</b> : Rest for Wildcat Invite	Westview Hills Wildcat Invite @ Lewis University @ 9:00 am
24	25	26	27	28	29	30
	Practice from 2:30-4:00 pm @ TMS	Practice from 2:30-4:00 pm @ TMS	Post-Conference Meet @ Round Barn @ 4:30 pm	Practice from 2:30-4:00 pm @ TMS	No Practice: Rest for Channahon Invite	Channahon Invite @ Channahon Community Park @ 8:00 am

NOTES:

All home meets are held behind Troy Cronin Elementary School; Home meets - everyone will run; Away meets will be by invite only; Schedule is subject to change

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SUN	MON	TUES	WED	THURS	FRI	SAT
						30
						Channahon Invite @ Channahon Community Park @ 8:00 am
1	2	3	4	5	6	7
	Practice from 2:30-4:00 pm @ TMS - Sectional uniforms distribution	Practice from 2:30-4:00 pm @ Cronin	<b>No Practice</b> : Teacher Meetings	Practice from 2:30-4:00 pm @ TMS	No Practice: TI Day/Rest for Sectionals	Sectionals @ TBD @ 9:00 am
8	9	10	11	12	13	14
*This week of practice will be contingent upon whether or not we qualify for State*	Columbus Day: Optional Practice TBD	Practice from 2:30-4:00 pm @ Cronin	<b>No Practice</b> : Teacher Meetings	Practice from 2:30-4:00 pm @ TMS; State Pasta Party @ 6:00 pm	<b>No Practice</b> : Rest for State	State @ Parkside Elementary
15	16	17	18	19	20	21
			Awards Night in the WBO gym @ 5:30 pm; Board Meeting @ 7:00 pm			

## NOTES:

State pasta party will be invite only; All members of the cross-country team are invited to awards night; State runners will be invited to the board meeting afterwards; *Schedule is subject to change*